**Reflection: SKILLS THAT YOU GAINED/ENHANCED WHILE ABROAD**

1. While abroad did you complete a specific project or conduct research applicable to your field of interest?
2. While abroad did you travel independently?
3. While abroad did you learn to work with a more diverse group of people than those which you had previously been exposed?
4. While abroad did you resolve a conflict based on misunderstanding of cultural differences?
5. While abroad did you learn new skills, activities, languages or hobbies?
6. Was there a time when you were abroad that you dealt with uncertainty and ambiguity?
7. Was there a time when you were abroad that you: Confronted a challenging situation?
8. Was there a time when you were abroad that you: Had to handle conflict?


9. Identify an experience that would demonstrate that you can Creatively solve problems by applying familiar concepts to unfamiliar situations
10. Identify an experience that would demonstrate that you can Contribute to an ethnically diverse team
11. Identify an experience that would demonstrate that you can Be self-confident, yet able to listen and learn from people whose value systems are different
12. Identify an experience that would demonstrate that you can Take personal risks and act independently
13. Identify an experience that would demonstrate that you can Be flexible and adaptable to rapidly changing situations
14. Identify an experience that would demonstrate that you can Have a basic command of the local language, and be able to use it in a practical situation
15. Identify an experience that would demonstrate that you can Imagine, forecast, analyze or address business situations from a different cultural frame of reference

Source: Matherly, Ch.. *Effective Marketing of International Experiences to Employers*. Impact of Education Abroad on Career Development. Volume I.